



# Christ-St. John's Lutheran School

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# Cougar News

Monday September 9, 2024

## NEW THIS WEEK

**From the Principal:** Stress. We all have it. May it be a deadline at work, the need to be in many places at once for your child, worry about bills and payments, the fear of parenting: all these are common fears for parents and adults! For children, they also face stress in different forms, may it be a fear of saying the wrong thing to authority figures, worry of homework, the fear of hurting a friend's feelings: these too are stressors in your children's life!

Although we face stress on a daily basis, we need not worry or fear. Christ has taken all hardships and pain on his shoulders and bore them on the cross. We may continue to face these stressors constantly, but when we fix our eyes on him, we find relief. Christ loves and supports us.

Turn to his Word, the one source of relief in a sin-filled world. May the truth found there guide us each and every day.

As we move into our first full week of school at Christ-St. John's, the stress will continue to grow. As teachers, we aim to relieve this stress through guidance in the Word. I pray that you, the teachers, and your children keep our eyes fixed on the one true source of relief, Christ Jesus our Savior. Blessings on the rest of your week.

In Christ,

Jace Fellers  
Principal

## NEW THIS WEEK CONT.

**5<sup>th</sup> & 6<sup>th</sup> Grade Science Day** will be held on Monday, September 16<sup>th</sup>, from 9:30 a.m. to 12:00 p.m. at Luther High School.

**Chapel Service** will be held on Friday morning at 8:10 a.m. More information regarding our mission project will be included in next week's Cougar News.

**Field Trip:** 3K through 5K classrooms will be taking a field trip to the Maple Ridge Apple Orchard on Wednesday, September 25<sup>th</sup>. Permission forms were sent home today. Please return the permission form and payment to Mrs. Black in the school office by Friday, September 13<sup>th</sup>. Thank you!

**Singing Schedule:** The singing schedule for the first semester will be sent out via Fast Direct on Tuesday, August 27<sup>th</sup>. 1<sup>st</sup> through 8<sup>th</sup> grade will be singing in the 8:00 a.m. service at St. John's on Sunday, September 22<sup>nd</sup>. They also will be singing during the 10:30 a.m. service at Christ Lutheran on Sunday, September 29<sup>th</sup>. This is a change from the schedule that was given out at registration in July. Please meet 15 minutes before the church service. This will be Christian Education Sunday at both churches. Please help us celebrate the blessing of Christian Education God has given Christ-St. John's.

**Grandparent's & Special Guest Day:** Mark your calendars for Grandparent's & Special Guest Day at CSJ which will be held on Friday, September 27<sup>th</sup>. This half day (morning) event will be held in honor of the Grandparents/Very Important Person(s) in the lives of our CSJ students. Join us at school for a morning of learning and fun. Please continue to check the Cougar News for more details to come. ☺



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*"Fix Your Eyes on Jesus" Hebrews 12:2*



# Cougar News – September 9, 2024

## ATHLETICS

**Volleyball Practice** will be held on Monday, September 9<sup>th</sup>, and Wednesday, September 11<sup>th</sup>, from 3:00 p.m. to 5:00 p.m.

Results from Our First Volleyball Match are as follows:

**Volleyball Team Results:** The A girls' volleyball team won two out of their three matches on Saturday September 7<sup>th</sup>, and the B girls' volleyball team won one out of two matches.

**Our Next Volleyball Match** will be held at St. Paul's, Onalaska, on Saturday, September 21<sup>st</sup>. A girls play at 8:30 a.m. and B girls play at 12:15 p.m. Go Cougars!

**Attention Flag Football Players:** Please let Mr. Voigt know by noon on Wednesday, September 11<sup>th</sup>, if your child plans to participate in the upcoming flag football game on Saturday, September 14<sup>th</sup>. Thank you!

**Attention Cross Country Runners:** Any 5<sup>th</sup> through 8<sup>th</sup> grader who would like to run in the LALSAC Cross Country Meet on Wednesday, September 18<sup>th</sup>, should have their parents email Mr. Voigt by Friday, September 13<sup>th</sup>. Thank you!

## CSJ PROGRAMS CONT.

**Kwik Trip Ultimate Car Wash Cards** are available for purchase in the school office. There are five washes per card at a cost of \$35.00. The car wash cards make a great gift and helps support your school. For more information, contact the school office. Thanks!

### SEPTEMBER CALENDAR

- 9 Principal's Conference @ Luther 12:30 p.m.
- 16 Science Day (5<sup>th</sup> & 6<sup>th</sup> grade) 9:30 a.m. to 12:00 p.m. @ Luther
- 23-26 Fall MAP testing (3<sup>rd</sup> through 8<sup>th</sup> grade)
- 27 Grandparent's & Special Guest Day – Half Day – Dismissal at 11:30 a.m.

## CSJ PROGRAMS

**Scrip Program:** Participating in the Scrip Program is a great way to cover some or all of your tuition costs and helps CSJ at the same time. If you would like more information on how our Scrip program works, please contact the school office. Thanks!



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